



Couples Negril – Fact Sheet

Concept

The ultimate all-inclusive holiday exclusively for couples with 24 hour dining, including three meals daily plus snacks and wine with lunch and dinner. Unlimited international premium brand drinks from a choice of seven bars. A variety of land and water sports with tuition plus organised off property excursions. Couples only over 18 years.

Location

Situated on 18 acres of tropical gardens facing 1,000 feet of white sand beach and just five miles from the small fishing village of Negril. 55 miles west of Montego Bay airport, complimentary road transfers take approximately 1 ½ hours by road and just 15 minutes by air (flight transfer costs not included).

Accommodation

234 rooms located within nine buildings arranged in a horseshoe shape including 18 luxurious One Bedroom Suites. All rooms have air-conditioning, ceiling fan, patio or balcony and are furnished with King size bed, bath/shower, hairdryer, mini bar (re-stocked daily), flat screen satellite TV, telephone, in-room safety deposit box, iPod docking station, iron and ironing board, tea/coffee maker and nightly turndown service.

Deluxe Garden: located throughout the property with views of the beautifully landscaped gardens.

Deluxe Ocean: Located throughout the property with partial ocean views.

Deluxe Beachfront: Located in the blocks closest to the ocean with partial ocean views.

Garden Suite: In addition each suite has a private oversized bathroom with double vanity, Jacuzzi bathtub & separate shower, sitting area, bathrobes and a hammock on the patio/balcony. Garden Suites are located at the ends of each block with beautiful garden views.

Beachfront Suite: Same inclusions as per the Garden Suite but located at the ends of each block, closest to the Ocean with beautiful views of the Caribbean Sea.

Bar Services

The *Terrace Bar* opens from 12.30pm to 3.00 pm and again at 6.00 pm until 11.00pm. The *Swim-up Pool Bar* opens at 10 am until 7.00 pm, the *Beach Bar* from 10 am until midnight, the *Piano Bar* opens for cocktails at 6.30 pm and closes when the last guest leaves, the *Nude Beach Bar* opens as 10.00 am until 4.30pm. There are two further bars that are not full service; *Reggae Bar* open 10.00am – 5.00pm for self service sodas and beers on beach and *Otaheite Bar* open to those having dinner in the restaurant, waiter service available.

Dining Facilities

In addition to three speciality restaurants and a casual *Beach Grill*, Couples offers a 24-hour dining service. Continental breakfast is available and offered in the privacy of your own room from 6.30 am until 10 am.

Cassava Terrace: Closed Thursdays for dinner

Breakfast 05.30am – 07.30am for Continental only and 07.30am – 10.30am for full buffet breakfast.

Lunch: 12.30pm – 14.30pm offering a host of local and international hot and cold dishes.

Dinner: 18.30pm – 22.00pm offering international cuisine – a la carte 3 evenings a week and 4 themed nights a week.

Heliconia: Closed Saturdays

Dinner: 19.00 – 22.00pm offering a selection of Mediterranean grilled specialities and pasta dishes.

Lychee: Closed Thursdays

Dinner: 18.00pm – 21.15pm offering a la carte Asian fusion cuisine

Otaheite: Closed Mondays and Thursdays

Dinner: sittings at 18.15pm, 19.00pm, 20.00pm, 20.45pm; offering a la carte Jamaican and Caribbean fare, by reservation only, dress code applied.

Beach Grill:

11.00am – 18.00pm and 23.00pm – 05.00am: Offering grilled specialities, salads and snacks.
Restaurant opening days and times are subject to change. Weekly beach party is held on a Thursday night.

Entertainment

There is nightly entertainment from the resident band plus a variety of local entertainers and cabaret artists with a Beach Party on Thursday nights with a steel pan band, native floor show and reggae dance class (subject to change). Movies on the beach by starlight, a resident pianist plays each evening and there is a disco every Tuesday and Friday in the Piano Bar.

Activities

Land sports include four tennis courts (2 lit for night play), basketball, aerobics, dance classes, beach & pool volleyball, art & craft classes and golf at the nearby 18-hole Negril Hills golf course with free transportation and green fees included (clubs and carts available for higher and mandatory caddy at additional charge). There is also an air conditioned Fitness Centre with Cybex equipment and a Cardio Room.

Water sports include scuba diving (PADI 5 star facility), water-skiing, sailing, windsurfing, snorkelling, kayaks, and glass bottom boat trips. All include professional instruction.

Scuba diving: Dives are offered Sun-Fri with a deep dive in the morning and shallow dive in the afternoon. A two tank dive is available Sat mornings but no afternoon dive is available. Dives and gear are included in the price of your stay; certified divers can dive once per day, subject to availability. For non-certified divers, Resort certification is available and can be arranged through the dive shop. Beginners too can take advantage of the Resort Course, a day's tuition culminating in a free dive, offered Mon-Fri. PADI certification, Advanced and Specialty Dives can be organised at an additional charge. Guests must sign up at least one day in advance.

In addition to the above facilities there is an indoor games room with board games, pool, table tennis and darts plus a satellite television.

There are two Jacuzzis situated at either end of the large freshwater swimming pool with swim up bar. A further two Jacuzzis can be found in the gardens.

Excursions

Couples Resorts offer guests the opportunity to explore Jamaica and make new friends with a selection of trips;

Shopping shuttle to Negril, four times weekly

Shuttle to a local sunset waterside bar, four times weekly

Sunset Catamaran Cruise, four times weekly

Shuttle to Margaritaville on Wednesdays

All tours are subject to availability and must be booked at least 24 hours in advance.

Spa

A wide range of spa and beauty treatments are available at the Spa (additional cost, payable locally) including massage, facials, manicure and pedicure and body wraps.

Additional Facilities

Complimentary Internet and e-mail access is available for all guests including the introduction of wireless technology. Money exchange, ATM, Tours Desk, Laundry Service (extra cost payable locally) plus shopping at the on-site boutique & gift shop.

Weddings

Please see our separate fact sheet on the fantastic wedding packages available at Couples Negril.

For further information or reservations please contact our European Sales Office:

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